



No-Bake Energy Bites



Prep 15 m
Ready In 1 h 15 m

Recipe By: Hiedi Heaton

"This is a healthy take on the traditional no bake cookies. So good and good for you! I am always asked for this recipe every time I make them. They are a hit with the kids and the adults, and always go quick! I store them in the freezer because I think they taste best frozen, but not necessary."

Ingredients

1 cup rolled oats	1/2 cup crunchy peanut butter
1/2 cup mini semi-sweet chocolate chips	1/3 cup honey
1/2 cup ground flax seed	1 teaspoon vanilla extract

Directions

- 1 Combine oats, chocolate chips, flax seed, peanut butter, honey, and vanilla extract together in a bowl; form into balls using your hands. Arrange energy bites on a baking sheet and freeze until set, about 1 hour.

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